

# WESTMOUNT INDEPENDENT

Weekly. Vol. 17 No. 4c

We are Westmount

April 18, 2023

Camps, swimming, tennis, hockey lessons...

## City summer programs start registering April 18 & 25

BY LAUREEN SWEENEY

The warming last week to double-digit temperatures presented a teaser of what lies ahead for the city's Sports and Recreation programs. Registration for these was launched this week, on April 18, for summer camp and other activities to be followed April 25 for tennis and swimming lessons with priority given to Westmount residents.

Details for all these programs can be found in the city's Summer Activities Guide for July and August available online with some of the highlights explained to

the *Independent* last week by department officials.

First in the summer line-up are the eight two-week summer camp sessions for ages 6 to 14 from 8:30 am to 4:30 pm. "We're also offering 'before and after' services at 7:30 am and finishing at 5:30 pm," said department director Dave Lapointe. This involves an additional fee.

### Switching away from Red Cross

New for the swimming lessons of nine-day sessions is the city's adoption of the "curriculum" procedure of ..... the Société de Sauvetage, continued on p. 4

## Coyotes win first banner of merged Senior league



The Coyotes are the first play-off champions of the new Senior (18+) league, which was formed by merging Senior A and B, and are also the regular season winners. From left, top row: Paul Starr, Keane Kelly-Menard, Michael Bitz, Noah Clarke, Paul Westenber, Benjamin Harnad and David Stenason; bottom row: Ryan Meltzer, Michael Smith, Daniel Hodge, Brendan Timmins, David Friedman and goalie Aidan Walter. Missing: David Cottingham. See p. 22 for story and p. 2 for a photo of the Executive A champions.

PHOTO COURTESY OF PAUL STARR.

**Jason Yu 于泽**  
REAL ESTATE BROKER

514.600.6614  
Jasonyurealty@gmail.com

**JASON YU REALTY**  
RE/MAX COLLECTION

An expert in local and international real estate market

## City: Ice storm's impact reduced by tree pruning, buried network Some 200 use WRC day shelter to warm up, charge phones

BY LAUREEN SWEENEY

While many comparisons have been made recently between the provincwide ice storm of 1998 and the recent more minor one starting Wednesday, April 5, about 200 people took advantage of the day shelter at the Westmount recreation centre (WRC) mostly on the Thursday, according to Dave Lapointe, Sports and Recreation

director. This was to warm up or charge cell phones.

"We offered it as a community shelter and we had a few people come in to charge cell phones and hang out. I don't know how widely our centre was broadcasted though," he added. It was open from 7 am to 11:30 pm from the Thursday (April 6) to Monday, April 10.

While many trees were ..... continued on p. 5

**Mary Calabrese**  
514.962.5527  
Residential Real Estate Broker  
mcalabrese@sutton.com

**Sutton**



**sicotte & co**

Marie Sicotte  
Real Estate Broker

Sutton BARNES



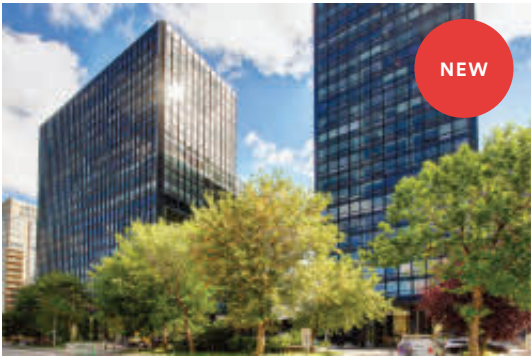
Scan me to know me!

+1 514 953 9808  
marie@mariesicotte.com  
mariesicotte.com



**Westmount-Square**

Architectural gem with panoramic mountain views



2 2 2385 sf

**WHEN QUALITY & EXPERTISE COUNT!**  
*REFERRED FOR A REASON!!*

**ZOURIK INC.**

**RUG & CARPET CLEANING SPECIALISTS**

**Hand wash & repairs of new and antique rugs**

**Furniture & Wall to Wall Carpeting Experts**

*SERVING WESTMOUNTERS WITH OUTSTANDING SERVICE AND WORKMANSHIP FOR 35+ YEARS!*

**514-825-5500**  
**zourikcleaning@gmail.com**

*Worked with city 13 years*  
**Ladouceur named city finance director**

BY LAUREEN SWEENEY

Claude Ladouceur was appointed to the position of Finance director and city treasurer at the council meeting April 3. In introducing him, Mayor Christina Smith pointed out this was “a very important role” and that council had worked closely with Ladouceur when he was assistant finance director.

**Started in 2010**

Ladouceur told the *Independent* that he had worked in the Finance department since being hired in 2010 by then city director general Duncan Campbell and then HR director Alan Kulaga and then with DG Mike Deegan, all during the mayoral mandate of Peter Trent. “I’ve worked with the best, lucky me!” he said. “And it will continue with DG (Julie) Mandeville and Mayor Smith.” Ladouceur, who has been a familiar figure at the back of the council chamber during many meetings, assumed his new position effective April 4.

**Chiefs win Executive A banner**



The Chiefs of the Executive A league, became the play-off and championship winners, from left: back row: John MacDonald, Aaron Prupas, Neil Hopley (spare), Bruce Kemerer and Ross MacDougall; front: Chris Clark and Franco San Gregorio. Missing from photo: Daniel Florian, Karl Bernhardt, Marcel Belanger, Michael Matthews, Robert Rapp and Stuart Frenkiel. See p. 1 for the Senior winners and p. 22 for hockey coverage.

PHOTO COURTESY OF WESTMOUNT SPORTS AND RECREATION



**Joseph Montanaro**

Courtier Immobilier | B.Arch | Real Estate Broker



**JosephMontanaro.com | 514. 660. 3050**

More than 22 calls for tree-damaged property

## Public Security ‘very, very busy’ over ice storm

BY LAUREEN SWEENEY

The day of the ice storm that hit the city April 5, Public Security patrols reported more than 22 calls for fallen trees and branches throughout much of Westmount and even continued with one April 11 for branches “dangling over Queen Elizabeth Park,” director Greg McBain said. No injuries were reported.

“We didn’t have the same issues as many other areas,” when it came to electrical outages, he pointed out, but the falling trees and branches in all areas of the city from Hillside to Lansdowne Ridge damaged rooftops, fences and numerous cars parked in driveways and on the streets, and blocked roadways.

Patrollers and Public Security’s dispatcher took down details and assisted Hydro Westmount.

### ‘Very, very busy’

“We were very, very busy. We were also in contact with Public Works and Urgences Santé, which was overloaded with calls. The patrollers did everything they could to ensure safety and we kept them on overtime.”

Officers attended the scene of sparking

high-tension wires at 353 Roslyn when firefighters were occupied at other calls but in this case no fire ensued. Hydro Westmount dealt with the incident.

Among the many locations reported for falling trees were Marianopolis College, a tree on Greene that “crushed” the car of an RCMP officer, trees fallen on houses such as at 600 Argyle, and one that knocked over a lamppost on Upper Lansdowne.

## Public Security helps when gas leak evacuates school

A Public Security patroller was flagged down by police on The Boulevard near Trafalgar April 11 at 9:30 am to help with traffic control during a gas leak in Montreal’s downtown borough (Ville Marie), department officials said.

The assistance was requested to block traffic at Cedar and Ramsay Rd., but while no information was detailed concerning the nature of the incident, it was reported that St. George’s senior school, just east of the border with Westmount, was being evacuated as a safety measure.

## ScotiaBank on Greene open

The ScotiaBank on Greene Ave. opened last week after being closed due to a flood.

*maryam southam*  
PHOTOGRAPHY

Montreal Family Photographer  
In Studio + At Home

**Capturing Authentic Family Moments**

438 300-1035 [www.maryamsoutham.com](http://www.maryamsoutham.com)

GIFT CERTIFICATES AVAILABLE

## Landry to head parks, greenspaces

City council April 3 named Dominique Landry to the position of division head for Parks and Green Spaces in the city’s Public Works department.

The resolution, moved by Councillor Anitra Bostock, states the appointment was to go into effect April 11.

“We had a chance to meet Madame Landry this evening and stressed to her the importance and parks and green spaces to the community,” said Mayor Christina Smith.

**RB**  
**RONDA BLY**  
**ESTATE SALES**  
**CERTIFIED APPRAISER**

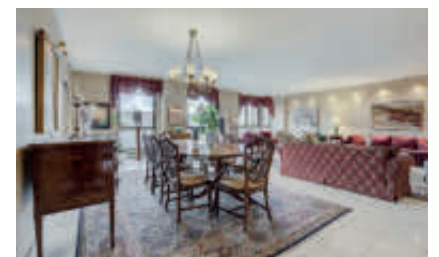
**Expert Evaluations**  
**Full Professional Setups**  
**Complete Cleanup Available**

**514 236-4159**  
**[www.rondably.com](http://www.rondably.com)**  
The Gold Standard in Estate Sales Since 1998

**ENGEL & VÖLKERS**  
ROCHELLE CANTOR & CIE.



355 Av. Olivier, Westmount  
\$3,850,000



4175 Ste-Catherine St. O. #802, Westmount  
\$2,395,000



3200 Av. Cedar, Westmount Adj.  
\$3,190,000



520 Av. Argyle, Westmount  
\$2,995,000



**ROCHELLE CANTOR & CIE**  
Real Estate Agency | Private Office | Top 5 in the Americas  
514.400.7653  
[rochelle.cantor@engelvoelkers.com](mailto:rochelle.cantor@engelvoelkers.com)

©2023 Engel & Völkers. All rights reserved. Independently owned and operated. If your property is already listed, please disregard this ad. Real estate broker, real estate agency, Engel & Völkers Montreal / Québec



Scan to view all properties

## Table of Contents

**Letters (general mail), p. 12**

**Letters (Château/  
Vic village), p. 24**

**Pet page, p. 27**

**City Views:  
In Florence, part 5, p. 29**

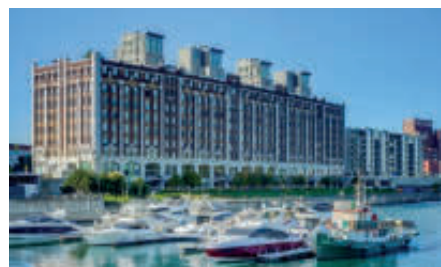


**Susan Lloyd (Leduc)**  
Real Estate Broker  
**438.882.8088**  
[sllloyd@sothebysrealty.ca](mailto:sllloyd@sothebysrealty.ca)



**Monkland village gem**  
4224 avenue de Melrose, C.D.N./N.D.G.  
BEDS: 4 | BATHS: 2 | MLS 27069038  
Professionally renovated steps from Monkland Village.

**\$1,799,000**



**L'Héritage du Vieux Port**  
1000 rue de la Commune Est, PH 904, Ville-Marie  
BEDS: 4 | BATHS: 5+2 | MLS 11493542  
Iconic penthouse a stone's throw from Old Montreal.

**\$7,300,000**



**Superb Triplex in N.D.G.**  
4943-4945A avenue Montclair, C.D.N./N.D.G.  
UNITS: 3 | MLS 18251546  
Excellent investment in a prime location. Renovated units.

**\$1,198,000**



**Géraldine Libraty**  
Real Estate Broker  
**514.962.5563**  
[glibraty@sothebysrealty.ca](mailto:glibraty@sothebysrealty.ca)

**SUSANLLOYDLEDUC.COM**

sothebysrealty.ca | Independently owned and operated. Real estate agency.

**Sotheby's** | Québec  
INTERNATIONAL REALTY



Choose from our large selection of luxury homes for rent in Greater Montreal

# Rent your next dream home

Our dedicated service team will ensure that your rental experience with Groupe Copley is truly outstanding.

View our homes on our new website

[groupecopley.com](https://groupecopley.com)

Questions? Reach out [info@groupecopley.com](mailto:info@groupecopley.com) or (514) 656-6437 ext. 0



More history follow-up

# Ogilvie family lived on downtown’s Edgehill



Another view of where downtown’s Edgehill was (south of Fort and René Lévesque/Dorchester), as seen March 31.

PHOTO: INDEPENDENT.

A sharp-eyed reader noticed the two spellings of Ogilvy/ie mentioned in our article, “History follow-up – Was Harry Molson even a Westmouter?”

Looking more carefully at the sources, it is clear that *Ogilvie* family members

owned 38/39 Edgehill in downtown Montreal circa 1881 to 1912, even though both spellings appear in historical mentions of them. They owned A. W. Ogilvie & Co., a flour company. – DP.

*Summer, cont’d from p. 1*

whose levels are organized under different names from the previous Red Cross system but whose priorities are essentially the same, explained sports facilities division head Bruce Stacey, who organizes the pool programming.

This year, he said, the city has already hired 17 life guards along with 10 part-timers, whom he describes as “good insu-

rance” to replace the regular lifeguards as required. “Our pool is very large and can be quite busy.”

The pool also provides aqua fitness and times for Masters swimmers and the Dolphins swim club. Among some of the other summer programs being offered are belly dancing, classical ballet, baby sitting and hockey instruction.



# A high school that empowers students to become autonomous, resilient life-long learners.

English and French private high school providing optimal pathways to learning. We create opportunities for students to succeed.



ACADÉMIE CENTENNIAL  
CENTENNIAL ACADEMY  
2075 Sherbrooke St W, Montreal, QC, H3H 1G6  
[www.centennial.qc.ca/open-house](http://www.centennial.qc.ca/open-house) 514 486-5533 ext 226

# OPEN HOUSE

SATURDAY, APRIL 29, 2023  
10 a.m. to 2 p.m.  
REGISTER ONLINE!

**Bid accepted from Lexington contractor winner**

# ‘Complete demolition’ of Mt. Pleasant approved for \$3.4M

BY LAUREEN SWEENEY

The long-touted major reconstruction project of Mount Pleasant between Sherbrooke and Rosemount Crescent got off to a start April 3 with the approval by city council of a contract for \$3.4 million including tax credits to Cojalac Inc. construction. This is the same firm that last year undertook the Lexington/Devon project at more than \$6 million.

In moving the authorization of the Mount Pleasant work, Councillor Conrad Peart presented an overview of the work he described as “the complete demolition” of the roadway and sidewalks to be re-built, as well as work on water mains and some involving Hydro Westmount. Peart is commissioner of infrastructure, urban planning and architecture.

Though no information concerning any other Mount Pleasant bids was available from the city after it was adopted by the

council, Cojalac’s was the lowest of four received, Councillor Peart later told the *Independent*.

This information is “very, very important” explained District 3 councillor Jeff Shamie, who has been involved in the consultation process with residents and said he was “very excited” the work was taking place.

He anticipated many challenges for the residents and the community including parking issues for the 150-year-old street as well as for city staff who will be going door to door to provide information.

Also planned is the integration of bio-retention basins “where possible” to help with the drainage of rain and melting snow coming down the mountain.

The project as had been presented at a residents’ meeting November 9 also features other measures such as increased greenery and the re-configuration and narrowing of crosswalks to mitigate the speed

of traffic coming down the hill and improve pedestrian safety.

At that time, details of the plan were also shown as part of the presentation and survey from last November that can be accessed from the homepage on the city’s website under Engage/Latest projects/ Mount Pleasant. (See also coverage by the *Independent* November 22, 2022, p. 5).

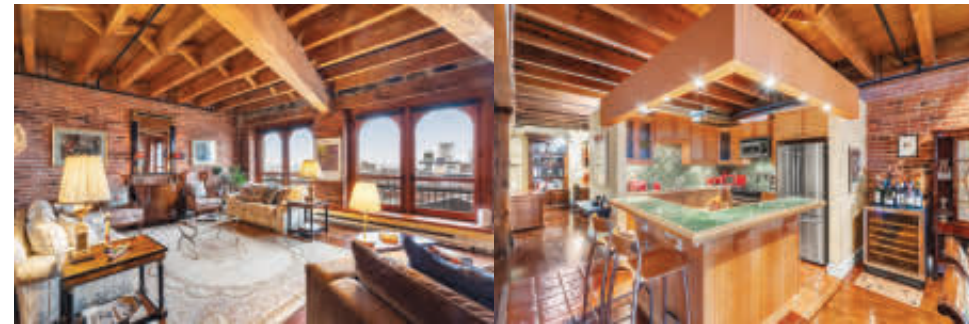
## Defining granite

Both sides of the street are also to be

lined with defining granite to provide visual continuity with Greene south of Sherbrooke.

A few minor modifications to the November plan are shown on the city’s updated Engage website. The project is on a target timeline that included the call for tenders in January in order to start the work in mid-June lasting 18 weeks.

The presentation also explains that some preliminary work took place in 2019 by Hydro Westmount and rehabilitation of the water network in 2020.



## OLD MONTREAL 65 ST. PAUL #502

Welcome to this charming and exclusive historic building. This 1,588 sf unit boasts original brick and hardwood flooring that beautifully capture the essence of the neighbourhood’s rich history. Prime location, original features and versatile layout. MLS: 9954264 **\$899,000**

**PROFUSION**  
IMMOBILIER

**Forbes**  
REAL ESTATE

**MAYFAIR**

**LUXURY**

**全**

**Real Estate**

**Leading**

**Bunny Berke**

Residential & Commercial Real Estate Broker



bberkeprofusion@gmail.com

**514.347.1928**

PROFUSION REALTY INC. - REAL ESTATE AGENCY

## Ice storm, cont'd from p. 1

toppled, most of Westmount was spared from the widespread and lengthy power outages in many neighbouring Montreal areas. Some 730 local residents lost power from 11 to 54 minutes, according to Hydro Westmount director Salah Bouziane. More than 220 cases of branches on wires were recorded.

One letter writer to the *Independent* (p. 12) stated it took two days for her house to be reconnected.

Numerous falling trees and branches from heavy ice loads, however, damaged cars and kept Public Security patrollers on overtime (see separate story, p. 3).

## Blackouts in four blocks

The power losses were reported generally in four sectors, said Sebastian

Samuel, city division head of communications. These were the block west of Victoria and the block west of Belmont, both between The Boulevard and Westmount Ave., along with a block west of Argyle and one west of Mountain Ave., both south of Montrose.

There were also several interruptions in power in various areas when tree work was involved but the city’s on-going pruning program “contributed to reducing the number of clients affected by power blackouts,” said Hydro’s Bouziane.

As well, he pointed out, “the majority of the city’s medium-voltage distribution network is underground, which reduces the number of hydro poles in front of houses and the impact on the electrical network from falling trees and branches.



*Luciani the new driving force behind Iconic Cadillac*

**4000 Jean-Talon West Montreal**  
**www.lucianicadillac.com**



# KAUFMANGROUP.CA

514.379.1333

Kaufman Group does not just place a sign in front of your home, we place your home in front of the world.

Highest sale ever in Québec°°

Highest sale ever in Westmount°

Highest sale ever in Hampstead°



Record Breaking, World Renowned.

**Sotheby's** | Québec  
INTERNATIONAL REALTY

INTRODUCING



M sur la Montagne  
BEDS: 2+1 | BATHS: 3  
\$4,375,000  
EXCLUSIVE



Westmount  
BEDS: 6+1 | BATHS: 4+1  
\$3,800,000  
MLS 22446043



Westmount Square  
BEDS: 2+1 | BATHS: 2+1  
\$3,250,000  
EXCLUSIVE



Westmount  
BEDS: 4+1 | BATHS: 3+1  
\$3,125,000  
MLS 20742850

INTRODUCING



Outremont  
BEDS: 3+1 | BATHS: 3+1  
\$2,325,000  
MLS 12711301



Hampstead  
BEDS: 4 | BATHS: 2+1  
\$2,195,000  
MLS 21410590



Westmount  
BEDS: 6+1 | BATHS: 6+3  
\$7,500,000  
MLS 17554683



Westmount  
BEDS: 5 | BATHS: 6+1  
\$5,995,000  
MLS 12018911



Westmount  
BEDS: 6 | BATHS: 5+1  
\$5,948,000  
MLS 28814923



Manoir Belmont  
BEDS: 3 | BATHS: 2+1  
\$3,975,000 or \$15,000/mo  
MLS 9010525



Westmount  
BEDS: 5 | BATHS: 3+1  
\$3,298,000  
MLS 9080798



Westmount  
BEDS: 6+1 | BATHS: 4+1  
\$2,795,000  
MLS 26999345

NEW PRICE



Westmount  
BEDS: 4+1 | BATHS: 2  
\$1,295,000  
MLS 16634016



Ville-Marie  
BEDS: 6 | BATHS: 5+2  
\$8,950,000  
MLS 22951732



Côte-Saint-Luc  
BEDS: 4 | BATHS: 3+1  
\$4,845,000 or \$20,000/mo  
MLS 16847885



Westmount  
BEDS: 3+1 | BATHS: 3+1  
\$3,295,000  
MLS 21550835

over  
**118B**  
ANNUAL WEB VIEWS\*\*

over  
**\$2B**  
TOTAL SALES VOLUME  
since 2008\*

**100%**  
DEDICATED TO YOU

**Sotheby's** | Québec  
INTERNATIONAL REALTY

EDITORIAL

# City council: Please listen to actual residents of Vic village

Editor David Price lives in a zone contigu-  
ous to 4998 de Maisonneuve Blvd. and across  
from the building's exterior York St. parking  
lot. The city's elected officials are always wel-  
come to submit columns to the Independent  
but in this case, he particularly invites the  
mayor to reply at equal length to this editorial  
if she so chooses. It is about 2,900 words long.  
The time stamps (e.g. 6:59) refer to the  
city's video of its March 22 public meeting at  
city hall, available here:

www.youtube.com/watch?v=C92Cp0D34T0

In a column last week (April 11, p. 7),  
Mayor Christina Smith defended the city's  
by-law amendment process and the  
approach of the city's unelected employees  
to the Château Maisonneuve zoning pro-  
posals (see box on p. 9 for a quick explana-  
tion of what is going on).

I thank her for her remarks, but remain  
unimpressed with both the substance of  
the proposal and the way it is being presen-  
ted to the people.

**I agree: Council has yet to pronounce**

For starters, Mayor Smith mischarac-  
terized my editorial of April 4 (p. 8) when  
she wrote: "First, it is important to specify  
that when the information session  
occurred, the council had not yet taken a  
position on the application filed by the  
developer. Therefore, contrary to what Mr.  
Price implies, the city had not yet ruled  
whether this application was 'bad' or good  
for the residents."

I did not "imply" that the council had  
made a decision. Indeed, I specifically  
wrote (p. 9) that city council members  
"have not yet officially opined on this pro-  
posal (1:22:00) and could nix it before the  
petition/registry/referendum process."

All the council has to do is say "no" and  
this whole episode can end.

Elected representatives: are your voters  
clamouring for this change? Or is the  
change for one, non-voting, company?

**What did city employees do?**

Regarding the role of the city's unelect-  
ed employees, I also disagree with the  
mayor. I encourage readers to watch the  
city's video of its March 22 meeting, spe-  
cifically the first nine minutes, and then  
ask themselves, "Are the city's unelected  
employees at the meeting acting as neutral  
observers and enforcers of the existing  
law? Or as champions of this proposal?"

Urban Planning staff kept using terms  
that conveyed a process that, even if it had  
yet not begun, was about to begin: "*Vrai-  
ment, je tiens à préciser que ... on est encore  
en phase exploratoire, processus légale d'adop-*

*tion. Le processus – pour ceux qui connaissent  
la loi sur l'aménagement urbanisme – ce n'est  
pas enclenché. Donc, c'est vraiment une ren-  
contre pour vous informer*" (3:58).

This phrasing does not make it sound  
like the adoption process might never  
begin, only that it has not yet begun. I  
believe part of the English translation  
would be: "We are still in the exploratory  
phase" (emphasis added). The word "still"  
(*encore*) sounds temporary. It does not  
describe a node on a decision tree leading  
to a "continue" as well as to a "stop."

According to the city employee, the  
intention of the meeting was to have the  
building's owner present the project "*pour  
voir un petit peu les commentaires des gens  
autour du site donc, si ensuite – 4998 Mai-  
sonneuve – et vraiment, c'est ça, recueillir les  
commentaires, et expliquer un petit peu le pro-  
jet en tant que tel et les demandes des modifi-  
cations zonage*" (4:56).

While hearing "a little bit about nearby  
residents' comments" sounds nice, nixing  
the project *entirely* does not seem to be on  
the agenda in this list of possibilities. What  
if we don't want to comment "a bit"? What  
if we want to stop it 100 percent? A better  
process would have been to say, "In the  
next two weeks, we the council want to  
know whether residents are against this  
proposal entirely, for it with some changes,  
or for it as is." That was NOT said.

I also disagree with the mayor's charac-  
terization of the city employee's comments  
dispelling some rumours as the relaying  
of factual information only. The city em-  
ployee said: "*il n'a pas de question de démo-  
lition là ... c'est vraiment une demande de  
modification réglementation zonage. Il n'a pas  
de démolition de prévu là, donc juste pour vous  
rassurer*" (5:41). Why would an employee  
be *reassuring* people about a proposal? And  
reassuring that it is less major, in her view,  
than a given rumour?

It sounds like a sales job to me, saying  
in effect: "Don't worry. It's no big deal.  
Please let us proceed without further ado."

The alert, involved and intelligent rep-  
resentatives of Creccal certainly had a dif-  
ferent impression than the mayor. As I  
have written already, one said "the urban  
planning committee is supportive of our  
plans" (19:19).

Also, as I have written before, the city's  
employees said *nothing* to correct the rec-  
ord after the Creccal representatives spoke.

But someone did correct the record, at  
least in one respect. Councillor Conrad  
Peart said "Urban Planning is the admin-  
istrative side of things. I believe that is who  
you were referring to" (33:51).

Councillor Peart is eminently qualified  
to understand the intricacies of city hall.  
He is an architect and has been a city com-  
missioner of urban planning since 2017  
(see December 5, 2017, p. 9).

Did he work to correct the impression  
that the Creccal representatives had form-  
ed of the city employees?

No.

He did make sure that the Creccal rep-  
resentatives' kind comments landed at the  
right place (the Urban Planning depart-  
ment) and not at the door of Planning  
Advisory Committee (PAC), but the *sub-  
stance* of the remarks was allowed to stand.

I reiterate what I said in my first mega-  
editorial (April 4, p. 8): I am not implying  
that the Creccal representatives or the city's  
unelected employees have done anything  
against current law or practice. *I am asking:*  
should this be the practice?

(As an aside, how many residents have  
equally positive interactions with Urban  
Planning staff during their quests for mere  
renovation *permits*? And Creccal is asking  
for a much more consequential by-law  
*change*.)

**Process and democracy**

Mayor Smith also contends that the  
city's process is democratic, or as she  
memorably put it in her column: "relatively  
democratic."

Let's start at the beginning. How did my  
neighbours and I end up on March 22 at  
city hall in the first place? We received  
letters in the mail (reproduced on p. 9)  
saying that there was a meeting about "a  
request to amend the zoning by-law for the  
property located at 4998 de Maisonneuve...  
which concerns the provisions related to  
parking ratio and size of dwelling areas."

The average resident had a few ques-  
tions right away, including: What the hell  
is a parking ratio? Will it be going up or  
down? Will dwelling area size be going up  
or down? By how much? What is required  
now? For dwelling sizes, what is "a lot" or  
"a little" in this context? For parking ratios,  
what is a high one? A low one? Why were  
these city requirements implemented  
initially? By whom? When?

When I wrote two weeks ago that zon-  
ing law was "mysterious," this is what I  
meant.

But it ain't mysterious to unelected city  
employees, or developers, especially once  
they've been working on the file for  
months.

**Arriving in the dark**

At least one resident asked an elected

representative beforehand what would be  
going on at the March 22 meeting, but she  
did not receive any more detail.

As a result, city staff and the would-be  
developers arrived at the meeting primed,  
and residents, in general, attended with an  
impotent mix of wrong information, non-  
information, irrelevant concerns, a lack of  
time to consider possible issues, and the  
need to think up questions on the spot.

Even so, poorly prepared attendance is  
better than none. If there is one thing to  
know about municipal politics, it is this:  
show up, and show up early – before the  
agenda/process/options are set in stone.

For all these reasons, this letter was, in  
effect, a summons. Failure to show up is  
effectively acquiescence – and "silence is  
acceptance" becomes the actual, black-  
letter-law procedure if we do enter the  
petition/registry/referendum process. Do  
nothing and the change goes through.

How democratic was this approach? If  
a truly democratic assembly controls its  
own agenda, and the time and frequency  
of its meetings, it was not democratic.

**Draft by-law coming?**

Next, consider the language at the end  
of the letter: "This information session is  
a preliminary step in the adoption proce-  
dure for a draft by-law."

What does that sentence sound like?  
Like neutral arbiters assessing a request  
from a third party? Or like people describ-  
ing a draft by-law *that is coming soon*?

And it gets worse. Who exactly had  
effectively summoned us?

Not the mayor. Not our councillor. Not  
a fellow citizen, or a group of them.

Who wanted this change? A company,  
which had been working on the file since  
November 7, 2022 (4:43).

I encourage readers to scour texts of  
political philosophy for explanations of  
democracy. I doubt they will find it sum-  
marized as "Companies setting agendas  
for meetings called by bureaucrats."

If the city were interested in democracy,  
why not require that the people be in sup-  
port of a zoning change "as a preliminary  
step"?

Council could make it clear that, for a  
developer's request to receive a favourable  
recommendation from council, developers  
have to go around – on their own time and  
dime – and get a certain percentage of sig-

See p. 24 for more Letters to  
the Editor on this proposed  
zoning change

Service de l'aménagement urbain  
Hôtel de ville  
4333, rue Sherbrooke O.  
Westmount, QC H3Z 1E2



Urban Planning Department  
City Hall  
4333 Sherbrooke Street W.  
Westmount, QC H3Z 1E2

## INVITATION Information session

### Zoning By-law Amendment Request 4998 De Maisonneuve (Château Maisonneuve)

The City of Westmount invites you to attend an information evening regarding a request to amend the zoning by-law for the property located at 4998 De Maisonneuve, located in zone C3-27-06.

Date: **Wednesday, March 22, 2023**

Time: **7 p.m.**

Location: **Westmount City Hall, Council Chamber (4333 Sherbrooke W.)**

The zoning amendment request is from CRECCAL INVESTMENTS LTD, owner of the property located at 4998 de Maisonneuve. At this information session, Line Laurin, architect, will present the zoning by-law amendment request, which concerns the provisions related to parking ratio and size of dwelling areas in Zone C3-27-06.

As the proposed changes could have an impact on the community, the City encourages residents of the affected areas to come and share their ideas, questions and comments at this event.

This information session is a preliminary step in the adoption procedure for a draft by-law. It will allow for a better understanding of the expectations of the residents of the affected zones with respect to this request.

Sincerely,

Urban Planning Department  
City of Westmount

Does this letter look like the city's Urban Planning department is working with a developer on a draft by-law? This letter was the only information that most residents had before the March 22 meeting at city hall.

natures from residents in a specified way (e.g. a clear question). That would be democracy.

But what about all this talk of petitions, and registries, and referenda? Isn't that democratic?

I understand that residents have the ability to block a proposed change with the petition/registry/referendum process *after it has already been adopted as a draft.*

I even believe that, if council comes up with a change itself – which it thinks will benefit its residents and which it thinks its residents will like – then the petition/registry/referendum process is probably an adequate limit on council's power.

#### Where did this proposal originate?

But if the origin of the requested change is so obviously not the popular will, and

## 4998 de Maisonneuve by the numbers

### How much parking does the Château have now?

	Conforming	Non-conforming	Totals
Indoor	196	78	274
Outdoor	48*	28	76
Totals	244	106	350

### How much (conforming) parking does the Château need from a regulatory point of view now?

For 243 residences (1:1 ratio)	243*
For commercial space	85*
Total required	328**

### How many residential units does the Château have and want?

Current number of units	243
Proposed number of units	102
Total	345

At present, the building needs – from a regulatory point of view – 328 parking spots, but has only 244 conforming ones. It seems to be in a grandfathered situation (i.e. the law came after the building). Even with all the (conforming and non-conforming) inside spots (274, i.e. 196 + 78), it is below the 328 required. For this reason, I guess that the building cannot eliminate the outdoor parking lot – from a parking-regulatory point of view – because to do so would bring it even further below the required amount.

If the proposed conversion takes place, the building will need only 228 parking spots (345 new total of units x 0.66 parking ratio). – DP

\* Source: email from the city March 30.

\*\* Inferred from available data.

has so obviously been tailored by one *non-constituent* to meet its desires, why should people have to organize to, in effect, re-enact already existing law?

The people have already spoken. All council has to do is listen.

In this regard, I find Mayor Smith's statement that "Residents can also submit an application for a zoning by-law amendment" a bit absurd. How often have residents proposed such by-law amendments? In 16 years at this newspaper, I can't think of one. Indeed, only recently (in September 2021, see May 10, 2022, p. 1) has the city enacted a *minor* derogation law.

But let's try a resident-requested zoning amendment right now! Why not take Mayor Smith and resident Richard Dufour (letter, April 11, p. 6) at their words? Dufour writes, "Opposition to the increased ratio of smaller apartments is also without merit."

Dufour can propose that high-rises like the Château be allowed in his planning zone on Anwoth Rd. and he can work with the city's unelected employees to present it to his neighbours.

If that meeting actually takes place, I will buy the beer. Residents can even put in orders for India pale ale (IPA), my least favourite variety. (One can per resident max.)

Similarly, I find Mayor Smith's mention of an extreme example (i.e. an "abandoned building causing many problems" that "cannot be revitalized because the current zoning by-laws prevent new use") irrelevant. No one, not even the Creccal representatives, is presenting the issue at hand in that way.

So what are the issues? They include:

- How unelected city employees treat and present developers' requests to change the people's laws.
  - How council treats developers' requests to change the people's laws.
  - How council responds to citizen input/opposition/lack of support for a proposal after city resources have been used to "invite" citizens to a meeting on city property that is presided over by city employees.
  - Whether council looks at the substance of this proposal from the viewpoint of current residents, and their previously and currently expressed desires – or from the viewpoint of:
    - potential, hypothetically happy residents and/or
    - non-voting companies and/or
    - currently in vogue rhetoric of national application.
- On these bases, the proposal falls flat.

#### Substance is important, too

And let's not forget the substance.

1. A parking ratio of one residential unit to one parking space makes sure parking is available in a very busy part of West-

## What is being discussed?

The owner of the Château Maisonneuve apartment/office building at 4998 de Maisonneuve, Creccal Investments Ltd., is proposing major changes to its municipal zoning, namely that:

- only 40 percent of residential units in its building be required to be greater than 700 sq. ft. (implied by discussion at 21:00) – as opposed to the current requirement that 60 percent be greater than 700 sq. ft. (6:59), and
- the required ratio of parking spots to residential units be 0.66:1 or greater, instead of 1:1 (24:31).

These changes will make its proposed conversion of floors 2 to 5 of its building from office space to residential feasible for the unit sizes proposed by the building's owner and possible from a parking-regulatory point-of-view. The office-to-residence conversion is not itself the legal issue.

For the *Independent's* initial coverage, see "Airbnb, parking raised during Château Maisonneuve zoning change hearing," March 28, p. 10. – DP

mount – which is about to get busier once the Albert Square townhouse development and the Groupe Maurice seniors' home open.

2. A mix tilted in favour of larger units keeps the number of households down in an already dense and busy area.
3. Requiring the current amount of parking may have other benefits such as making the Château's exterior parking lot necessary from a parking-regulatory point-of-view (see addendum at left).
4. Commercial space is taxed at a higher rate than residential space. Resident Denis Biro reports (April 4, p. 6) that urban planning commissioner and city councillor Conrad Peart told him the city would lose \$150,000 to \$300,000 of annual tax revenue if this proposal goes ahead. On this basis alone, why should anyone okay it?
5. Construction. The mayor ("the work will be carried out inside," April 11, p. 7) and the developer (32:12) are downplaying the effects of indoor construction. But even indoor construction requires workers, materials and disposal of debris – all of which spend some time outside, to the possible detriment of neighbours, including Château residents. Sound, too, has a way of escaping buildings, as residents of the southwest know all too well. Why should residents agree to anything with a risk of added nuisance after years of enduring it from other projects?

Council members: please vote this proposal down, *before* the draft by-law/petition/registry/referendum stage.

REAL ESTATE BROKERS



**Evi Ho**  
514 862-7718  
eviho@outlook.com

**Anne-Marie Larue**  
514 919-0877  
amlarue@uniserve.com

WE WILL EXCEED  
YOUR EXPECTATIONS!

RE/MAX ACTION INC AGENCY – WESTMOUNT

**RB**  
**RONDA BLY**  
**ESTATE SALES**  
**CERTIFIED APPRAISER**

**Expert Evaluations**  
**Full Professional Setups**  
**Complete Cleanup Available**  
**514 236-4159**  
**www.rondably.com**  
The Gold Standard in Estate Sales Since 1998

# Sport-études only option at Pee Wee AAA Parents face dilemma over new Grenadiers minor hockey program

By MARTIN C. BARRY

When did registering a child to play minor league hockey become so complicated?

Last year, Analisa Galletti's 12-year-old son Matthew, who attends Lower Canada College, played Pee Wee AAA hockey with Hockey Lac St. Louis.

Currently there are two Lac St. Louis AAA leagues: the Lions, a municipal division whose players have partly come from Westmount but mostly from the West Island, and the Grenadiers, which is a sport-study (*sport-études*) hockey program. In recent years, a third group, the Arsenal, was created as a sub-set to the Grenadiers organization.

Galletti said that because so many school hockey teams sprang up in recent years, the Arsenal club was forced to close. Players from Westmount must henceforth play or try out for the Grenadiers sport-study hockey program.

In a letter sent out by Lac St. Louis Grenadiers governor Jean-François Fec-

teau and general manager Benoit Perron to parents of players who were registered in the Arsenal program, they informed them that a sport-study program is offered at Louis-Philippe-Paré High School in Châteauguay for francophone players.

**Options: John Rennie, or a school willing to let you attend practices**

However, the Grenadiers sport-study program allows young English-speaking players to participate by attending John Rennie High School with whom the Grenadiers are affiliated. At lunch time, transportation is available to the player to go to the sports complex (Complexe Multisports de Châteauguay) for free.

Anglophone players may also attend the school of their choice provided they obtain the approval of their school to be released at least three times a week for team activities in the afternoon. Anglophone players who are able to attend a francophone school may attend the Louis-Philippe-Paré School if they wish.

## Enrollment down

In a separate letter sent out to parents, Hockey Lac St. Louis president Jean-Pierre Fortier and Guy Martineau (representing the Arsenal) said that over the past few seasons Hockey Lac St. Louis had seen a significant decrease in its membership from 12,000 to 9,000 members, although it stabilized over the past two years.

"In view of the fact that the RSEQ [Réseau de sport étudiant du Québec] program offered by the schools covering its territory presently rallies some 62 teams, Hockey Lac St. Louis undertook a restructuring of its competitive program by significantly reducing the number of teams in the AA and BB classes," they wrote.

"In pursuit of its objective to have more competitive teams, better meeting the expectations of the LHEQ [Ligue de Hockey d'Excellence du Québec] program, by mutual agreement with the Board of the Arsenal franchise, it was decided to end their program starting as soon as the 2023-2024 season," they added.

## Galletti: Group the Westmount players

Galletti maintains that she and other parents of young players from Westmount facing the same dilemma "should be grouped, should have the option to try out for a hockey club like the Lac St. Louis Lions."

At the same time, she said she agreed that registering for organized children's sports seemed to have become absurdly complicated.

"It doesn't seem right that this is what they're doing to our children," she said. "Enrollment has been coming down, but then they put these obstacles in front of people that are crazy."

In an interview with the *Independent*, Westmount Sports and Recreation operations manager Andrew Maislin confirmed that LCC was unable this year to mount a sport-study hockey program and had only an in-school hockey program.

As well, he suggested that a scheduling issue at the school may have made it more difficult to accommodate Matthew's enrollment in the Grenadiers program. Like Galletti, he said junior hockey registration had become very complicated.

"There are so many layers upon layers," said Maislin.

"And at the end of the day, Westmount doesn't decide where our AAA players can go. Westmount minor hockey has zero to say about it."

IF YE LOVE ME



Wanley Manuscript, Bodlean Library, Oxford University (c.1548-1550)

CONCERT OF SACRED CHORAL AND ORGAN MUSIC

UNDER THE DIRECTION OF JOEL PETERS

Sunday, April 23, 2023 at 3pm

Ascension of Our Lord Parish

375 ave Kitchener, Westmount H3Z 2G1

freewill offering ♦ 514 932-3131

**Ascension  
of Our Lord**

**Tim Ngo**  
Cell.: 514 999-2918  
Bur.: 514 333-3000  
I can serve you in  
French, English, Chinese  
(Mandarin, Cantonese, and  
Chaozhou) and Vietnamese.  
**www.timngo.com**  
**timngo.remax@gmail.com**



  
courtier immobilier certifié  
Remax 3000 inc  
Agence immobilière  
9280 boul. de l'Acadie  
H4N 3C6

**Charles  
Pearo**  
Ph.D.  
Real Estate Broker  
cpearo@yahoo.com  
C. 704-1063  
B. 934-1818

  
**ROYAL LEPAGE  
HERITAGE**  
Real Estate Agency

**Integrity &  
Expertise  
Working  
for you!**

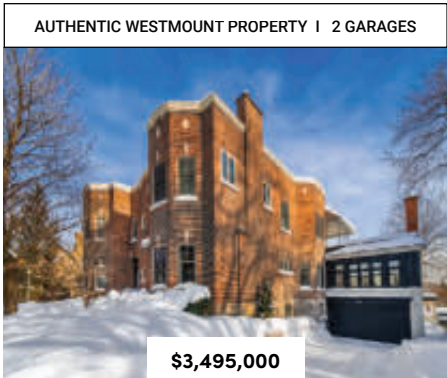
A SELECTION OF OUR FINE PROPERTIES



CR. SUMMIT, WESTMOUNT



AV. BELMONT, WESTMOUNT



CH. CÔTE ST-ANTOINE, WESTMOUNT



AV. WOOD, WESTMOUNT



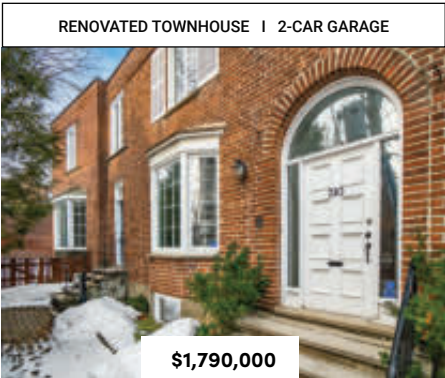
AV. METCALFE, WESTMOUNT



AV. WOOD, WESTMOUNT



AV. ARGYLE, WESTMOUNT



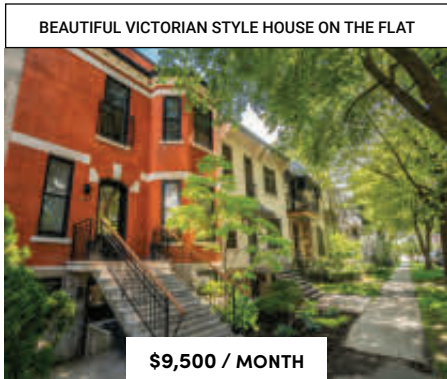
AV. LANSDOWNE, WESTMOUNT



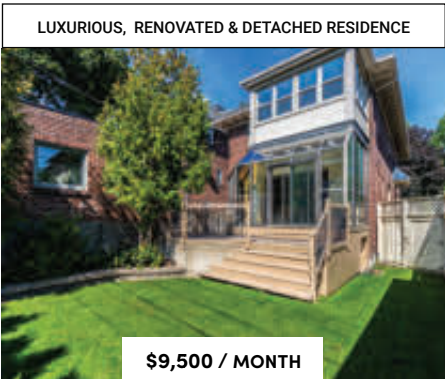
AV. LANSDOWNE, WESTMOUNT



AV. REDFERN, WESTMOUNT






AV. MOUNT-PLEASANT, WESTMOUNT



AV. ROSLYN, WESTMOUNT

LUXURY REAL ESTATE HAS A NAME  
**MARIE-YVONNE PAINT**

MYPAIN.T.CA - 514 933 5888 -   

ROYAL LEPAGE HERITAGE - REAL ESTATE AGENCY INDEPENDENTLY OWNED AND OPERATED / MARIE-YVONNE PAINT - CHARTERED REAL ESTATE BROKER  
HALL OF FAME ROYAL LEPAGE CANADA NO 1 ROYAL LEPAGE CANADA, 2005 (INDIV.) NO 1 ROYAL LEPAGE QUÉBEC 2018, 2017, 2016, 2015, 2012, 2011, 2010, 2008, 2007, 2006, 2005, 2004, 2003, 2002, 2001



LETTERS – GENERAL MAIL

STUDIES SUPPORT CHILDREN EXPRESSING THEMSELVES

Curiously, I believe the letter writers published in your April 4 edition (p. 6), lost their way in fulminating against drag performers at the [Westmount Public] library. They (I'll respectfully refer to Alex, the letter's author, using the gender-neutral pronoun) should absolutely stop sexualizing children by suggesting watching such uplifting shows has anything to do with sexuality.

As for the second author (I'll again

respectfully refer to the coy L.S. [Cattarini] using the gender-neutral pronoun) I appreciate their reference to a risk of suicide in children over matters of gender.

But, again, this author seems to have gotten confused in their research as the overwhelming majority of UNBIASED studies reveal suicide as a huge risk precisely when children are NOT ALLOWED to express themselves as they choose.

Here's hoping they sort out their research and arguments a little better once they stop "getting their knickers in a twist" over performers encouraging kindness and positive self-esteem through... *gasp!*... age-appropriate and humour-laced literature.

Sounds like these letter writers could use more gayness in their lives, poor things.

FIONA DOWNEY, ST. HENRI

ANTI-DRAG LETTERS BIGOTED

The two letters published in the April 4 (p. 6) issue attacking Drag Storytime [at the Westmount Public Library] are illusory (nobody was sexualizing children until the author brought it up), hyperbolic (invoking youth suicide as an outcome of attending the event) and bigoted (claiming a false us-versus-them dichotomy for the sake of divisiveness). That the *Westmount Independent* would give such poorly reasoned, and

crass, viewpoints a platform is unbecoming.  
J. LEE, ROSLYN AVE.

**Editor's reply:** Freedom of speech for you, but not for others? Not here. – DP.

HYDRO WESTMOUNT'S PERFORMANCE NOT AS ADVERTISED

Open letter to Stephen Leopold, member of the ad hoc Hydro Westmount Advisory Committee

I need to correct your assessment of the amount of time it took for Westmount Hydro to repair the outages in Westmount (letter: "Hydro Westmount is Westmount's insurance policy," April 11, p. 8) as we were one of the 225 dwellings without power. It was two full days before we were reconnected to the grid. In that time, the food in our fridge spoiled and had to be thrown out.

Had the people at Westmount Hydro been more forthcoming about the amount of time they expected the repairs to take, we might have been able to deposit the food in the fridges of our neighbors directly across the street, who never lost power.

We were very unimpressed with the lack of information being made available

to the "mere" 225 dwellings that were out of power. Please take note that these outages were definitely NOT "repaired almost instantly," even though promises were made that it would all be repaired within 24 hours.

After the last ice storm, we had our gas furnace re-jigged so that the heat pump operates on gravity and the thermostat is battery powered. As a result, we did not spend 48 hours in the cold. We will continue to do what is necessary to look after our own dwelling and making sure that we never again lose power to the essential appliances in our home.

ELLEN JACOBS, BELMONT AVE.

BRAVO HYDRO WESTMOUNT!

During the recent ice storm, more than one million Quebec households struggled without power, some for a week or more, whereas we in Westmount got off comparatively unscathed, thanks to Hydro Westmount.

Kudos to those Hydro Westmount front-line workers whom we saw on ladders, in the streets, in our back yards, on cherry pickers – all keeping our local power grid working, giving us light and heat, while many in Quebec suffered in the dark, shiver- *continued on p. 25*

### Coiffure Jean John

4897 Sherbrooke, Westmount  
514-486-6261



saloncoiffurejeanjohn.com

**Homme Men**   **Femme Women**   **Enfants Children**



**NEW** online appointments now available!



**PLAZA COURT**  
5235 CH. COTE-ST-LUC

## NEW RENOVATED SPACIOUS APARTMENTS

**3½ - 4½ - 5½**

**VILLA MARIA METRO**

- AIR CONDITIONING
- STAINLESS APPLIANCES
- WASHER/DRYER
- CHEF'S KITCHENS
- QUARTZ COUNTERS
- GARAGE PARKING

**RENTING JUNE-JULY**



**BONAVISTA TOWERS**  
4650 AV. BONAVISTA



**514-383-4977**  
**MICHAEL@LAZAREQUITIES.COM**  
**WWW.LAZARRENTALS.COM**

**BROKERS PROTECTED**  
**1 MONTH FREE**  
CONDITIONS APPLY



April 18, 2023

A Special Supplement to the

WESTMOUNT INDEPENDENT

with articles by Metro Creative Graphics, Inc. (MCG)

# SPRING: **Fashion,** **Health** *& Beauty*



# How to enjoy a healthy summer

Colds might not be as common in summer as they are in winter, but anyone who has ever had a cold when the weather outside is warm and inviting knows just how unpleasant a runny nose, sore throat and lack of energy can be when everyone else seems to be outside soaking up the sun. Indeed, there's no substitute for feeling fit and healthy in summer.

A healthy summer is one when individuals avoid illness and make the most of a time of year when no one wants to battle colds or other issues that affect their well-being. The following are a handful of strategies that can help people enjoy a healthy summer.

- **Protect your skin from the sun.** The Centers for Disease Control and Prevention recommends individuals apply a broad-spectrum sunscreen with a sun-protection factor (SPF) of 15 or higher before going outside. Sunscreen should then be re-applied as necessary and especially after swimming or excessive sweating. The American Cancer Society notes that sunburn that blisters can increase risk for skin cancer, but sunburns affect short-term health as well. Studies have

shown that sunburn adversely affects immune system response, which could make people more vulnerable to viruses like COVID-19 or the common cold.

- **Limit alcohol consumption.** Social schedules tend to fill up in summer, as seemingly everyone wants to host a backyard barbecue. The party vibe synonymous with summer leads to increased opportunities to drink alcohol, but excessive amounts of alcohol and summer sun are a bad combination. According to the National Institute on Alcohol Abuse and Alcoholism, hot summer days increase fluid loss through perspiration, while alcohol contributes to fluid loss through an increased need to urinate. Significant fluid loss can lead to dehydration and heat stroke.
- **Eat the right foods.** Summer is not typically as hectic a time of year as other seasons, particularly for parents accustomed to driving kids from one activity to another during the school year. But come summer, weekends filled with social engagements and a greater desire to be active outdoors can prove exhausting. The CDC notes that



a diet filled with colourful fruits and vegetables supports muscles, strengthens bones and boosts immunity. That can make it easier to handle a physically active summer regimen and ensure that the immune system is in better position to fight off anything that may want to get in the way of summer fun.

- **Get adequate sleep.** What's better than a midday summertime nap? The answer to that is better sleep overnight. Adults should aspire to get between

seven and eight hours of sleep each night, which can fortify their immune system and ensure they don't miss out on any summertime fun. According to the Mayo Clinic, sleep deprivation can lead to decreased production of proteins known as cytokines, which are vital to fighting infection and inflammation.

A healthy summer makes for a more enjoyable summer. By embracing various immune-boosting strategies, individuals can make this summer even more fun.



**OPTIK AVENUE**  
OPTOMÉTRISTES

*Two long established Montreal eye care practices Harry Toulch Optometrists and VISION 2120 have come together to create Optik Avenue Optometrists*

- **EYE EXAMS** – We offer the latest in eye imaging technology.
- **LENSES** – We offer genuine Varilux, Crizal, Transitions and Blue Filter lenses. We carry a wide range of contact lens prescriptions.
- **BRANDS** – Designer brands to vintage collections you can definitely find your perfect fit at Optik Avenue. We carry Ray-Ban, Lunor, Lindberg, Moscot, Tom Ford, Celine, Oliver Peoples, Loewe, Saint Laurent and many other fine brands.

***Come visit us  
See what you've been missing!***

**4148 St. Catherine St. W. corner Greene, Westmount**



***Book your eye exam today!***

**514-937-0446 – info@optikavenue.com**

# What dental hygiene does for overall health

Brushing and flossing your teeth may save you extra sessions in the dentist's chair each year, but the benefits of dental hygiene do not end with pearly whites. In fact, there's a direct correlation between oral hygiene and overall health.

Oral health offers clues about overall health, advises the Mayo Clinic. When a dentist or hygienist checks a person's mouth, he or she is getting a window into that person's overall wellness – including if something is amiss.

Dental hygiene matters because, without proper brushing and flossing, bacteria in the mouth can grow unchecked. Over time, that bacteria can infiltrate and break down the soft tissues in the gums and teeth, eventually leading to decay and gum disease. Greenwood Dental Care in Illinois states that the bacteria from the mouth could travel into the bloodstream and elsewhere, causing a host of issues.

There's a high correlation between an unhealthy mouth and systemic diseases. The United Kingdom-based dental group Fulham Road Dental indicates that gum disease is linked to heart problems, kidney diseases and certain types of cancer. Dentists who



notice problems in their patients' mouths may be able to predict potential illnesses elsewhere in the body, advising those patients to seek consultations with other healthcare providers.

Here's a deeper look at some of the correlations between oral health and overall health, courtesy of the Mayo Clinic.


- Endocarditis: When bacteria or other

germs from the mouth or another part of the body spread through the bloodstream, they can attach to certain areas of the heart. This causes an infection in the inner lining of the heart chambers or valves.

- Pregnancy and birth complications: Periodontitis has been linked to low birth weight and premature birth.
- Cardiovascular disease: While it's not fully understood why, clogged arteries, stroke and heart disease may be linked to inflammation and infection caused by oral bacteria.
- Pneumonia: Bacteria in the mouth may be pulled into the lungs, where it can lead to respiratory illness, such as pneumonia.

It's a two-way street with health and the mouth. Certain diseases can lead to issues in the mouth. HIV/AIDS may cause mucosal lesions in the mouth; those with osteoporosis may have weakened periodontal bone and tooth loss; and research has shown that diabetes puts gum health at risk.

Individuals should make oral health a priority, as it has a significant effect on their overall health and well-being.



***Your smile says a lot about you, and we're here to help make it beautiful with affordable, natural-looking, permanent dental implants that look and function just like your real teeth.***

***Restore Your Smile.  
Improve Your Life!***

**Lorne A. Wiseman**

Bsc DDS Dip Perio FACD FICD

**Periodontist & Dental Implants**

2222 René Lévesque W, Suite 200

514 937-3535



*Stop by!*

**APRIL CORNELL**

*Enjoy*

**20% OFF**

an in-store purchase when you present this ad!

—

**LA CACHE**

1353 Greene Ave  
Westmount, Quebec

514-935-9295  
glisku@aprilcornell.net

Valid until June 1, 2023.  
Cannot be combined with other offers.



*On behalf of the Clinique Podiatrique Victoria team, we would like to thank all our patients for trusting us with their foot health. We are proudly celebrating our 10th anniversary on August 5th in beautiful Westmount.*

**Dr. Constant**, podiatrist, will be celebrating 10 years of establishment in the Westmount community this upcoming August.

He has had the pleasure of treating many residents of Westmount and the surrounding areas. He helps with pain management, does gait analysis and orthotics for patients starting at 2 years old. He makes sure to adapt to each patient’s needs. Dr. Constant also does ingrown toenail surgery and offers a plethora of other services.



**Dre Yip**, podiatrist, joined the practice in 2022. She is a fantastic addition to the team, providing great knowledge and her type of practice to the clinic. With her ultrasound license, her vision on pain management and her wound care services for diabetic patients, she also provides a well-rounded service to the community.

Even after a decade of practice, many still don’t know what type of services the clinic offers. Podiatrists are doctors who treat feet and ankle issues. We are trained to examine, diagnose, provide treatment and/or refer the patient. There is a wide range of things for which we can offer treatment: skin and nail conditions, feet and leg alignment, pain and general foot health. At Clinique Podiatrique Victoria, we are also equipped with a postural imaging system, laser therapy, diagnostic ultrasound, and x-ray machine.



**514-439-5112**

245 Victoria #525, Westmount

# Skin damage from the sun

Summer is a great time to get outside and soak up some sun. Weekend afternoons spent on the water, lounging at the beach or working in the backyard are part and parcel of many people’s summers, making June, July and August some of the most relaxing, enjoyable months of the year.

Skin damage may be the furthest thing from many people’s minds when they’re planning to spend summer afternoons outdoors. However, the American Cancer Society notes that no one is immune from the damage that can be caused by ultraviolet rays from the sun. That includes people with naturally darker skin. According to the ACS, people with light skin are much more likely to suffer from skin damage caused by the sun’s UV rays, and such individuals also are at greater risk for skin cancer. But darker-skinned individuals of all ethnic backgrounds also can suffer from UV-related skin damage.

Fair skin is not the only factor that can make people more vulnerable to skin-related sun damage or even skin cancer. The World Cancer Research Fund and the American Institute for Cancer Research report that non-melanoma skin

cancer is the fifth most commonly occurring cancer in the world, while melanoma is 19th on that list. Such statistics underscore the importance of recognizing those factors that could increase your risk for sun-related skin damage, which the Centers for Disease Control and Prevention notes is one of the risk factors for skin cancer.

The ACS urges all people to be careful in the sun, and people who have any of these risk factors should be especially careful:

- A past skin cancer diagnosis,
- A family history of skin cancer, especially melanoma,
- The presence of many moles, irregular moles or large moles on your skin,
- You have freckles and burn before tanning,
- You have blue or green eyes, or blond, red or light brown hair,
- You live or vacation at high altitudes, as UV rays are stronger the higher up you are,
- You live or vacation in tropical or subtropical climates,
- You work indoors all week and then get intense sun exposure on weekends,
- You spend a lot of time outdoors,

*continued on p. 19*



## HAIRCUTS For the whole family

WE MAKE LOOKING GREAT EASY WITH FAST AND AFFORDABLE ONE-STOP HAIR CARE FOR MEN, WOMEN AND KIDS.



*Coiffure Jean John*



**NEW**

4897 Sherbrooke, Westmount  
514 486-6261 | [saloncoiffurejeanjohn.com](http://saloncoiffurejeanjohn.com)

ONLINE APPOINTMENTS  
NOW AVAILABLE!

# Common skincare ingredients



The skincare industry is thriving. Many products feature prominently in daily self-care routines, and various items – particularly those with natural and organic ingredients – have surged in popularity. The sales of skincare products in the United States grew by 13 percent in 2018, reaching the \$5.6-billion mark, according to The NPD Group, a market research company.

New skincare products are introduced each year. Consumers also have more skincare guides, such as social media, at their disposal, which encourages them to become more informed about which ingredients and products to use. The following are some common skincare product ingredients and their purposes.

- **Vitamin C:** Scientifically known as ascorbic acid, vitamin C is found in many different anti-aging skincare products. Experts say that it protects skin from free radicals and can help brighten overall complexion. Rocio Rivera, Ph.D., and vice president of L'Oréal Paris Scientific Communications, says vitamin C can help combat fine lines, wrinkles and discolouration in the skin that leads to signs of premature aging. A good skincare formula will contain 10 to 20 percent pure vitamin C. Look for a product that does not contain water, as that can deactivate the vitamin C.
- **Vitamin E:** This antioxidant also protects the skin against damage. It is marginally more effective in the natural form than synthetic.
- **Hyaluronic acid:** Hyaluronic acid is a powerful hydrator. It is a type of sugar molecule that keeps tissues in the body cushioned and lubricated. Birnaur Aral, Ph.D., and director of the Good Housekeeping Institute Beauty Lab,

says hyaluronic acid is found in skin, joints and connective tissue. Serums containing HA may help to plump up the skin by drawing hydration from the air into the skin.

- **Benzoyl peroxide:** This antibacterial agent is considered highly effective for killing bacteria that may contribute to acne. According to Healthline, benzoyl peroxide addresses bacteria under the skin and helps pores shed dead skin cells and excess sebum.
- **Collagen:** This fibrous protein acts as a water-binding agent to keep moisture locked into the skin.
- **Alpha- and beta-hydroxy acids:** These are acids that gently unclog pores by removing dead skin cells. They are chemical exfoliators that, by removing dead skin, can help lead to more even skin pigmentation, improved texture and decreased inflammation. AHAs are derived from fruits, dairy or sugar cane. BHAs are often derived from willow bark and salicylic acid is the most commonly known. BHAs are oil soluble and are able to penetrate more deeply into the skin than AHAs.
- **Coenzyme Q10:** This fat-soluble ingredient is produced naturally in the body. The substance may have soothing antioxidant effects on the skin when topically applied. As a person ages, he or she makes less CoQ10, potentially leaving the skin more vulnerable to damage, offers WebMD. That's the reason CoQ10 can be found in skin care products such as toners, gels and creams.

Understanding the ingredients in common skincare products can help consumers make more informed decisions.

emma



Live Life in Full Bloom!

1350 Greene Ave. 514.935.8389

 @emma\_boutique

# Foods that promote healthy hair and skin

Millions of people across the globe deal with conditions that affect the skin and hair. Acne is a skin and hair ailment that, according to the American Academy of Dermatology, is the most common skin condition in the United States.

- But what if the foods people eat could affect the health of their hair and skin? There is evidence that they can. Foods that contain certain nutrients, phytochemicals and enzymes may help people develop healthier hair and skin.
- **Blueberries:** The U.S. Department of Agriculture gave blueberries its top ranking for antioxidant activity. The antioxidants in blueberries neutralize free radicals and protect people from premature aging, which can help the skin look younger and more vibrant.
  - **Eggs:** Eggs are great sources of protein and biotin, which are two nutrients that may help promote hair growth. The health and wellness information site Healthline says biotin is essential for the production of a hair protein called keratin.
  - **Fatty fish:** Fatty fish, such as salmon, are high in omega-3 fatty acids. Ciara Foy, a Toronto-based holistic



nutritionist, says about 3 percent of the hair shaft is made up of omega-3 fatty

acids. They're also found in cell membranes and in the natural oils

- that keep the scalp and other areas of the skin hydrated.
- **Red bell peppers:** These peppers contain more vitamin C than oranges. According to dermatologist Dr. Julia Carroll with Compass Dermatology, vitamin C is an antioxidant precursor to collagen production, so consuming more vitamin C through foods can neutralize free radicals that could damage skin.
  - **Spinach:** Trade lettuce for spinach, which is rich in calcium, iron, magnesium, omega-3 fatty acids, and much more. These nutrients can be the building blocks of healthy skin and hair.
  - **Oysters:** Nutritionist and author Lisa Drayer says oysters are good sources of zinc, which aids in skin cell renewal and repair.
  - **Coconut:** Coconut water is great for hydration and contains potassium, an electrolyte that moves nutrients into the cells. Coconut oil also can be used to boost hair health as a pre-wash conditioning treatment.
- The secret to beautiful skin and hair may be hiding in plain sight at your local supermarket.

xomed

CLINIQUE MÉDICO-ESTHÉTIQUE



VISAGE ET CORPS

FACE & BODY

Rajeunissement et amélioration de la qualité de la peau

Rejuvenation and improvement of skin quality

TRAITEMENT DES VARICES

VARICOSE VEINS

PRENDRE RENDEZ-VOUS

514 342.8346



2022

ANN INSIDER'S LIST

DOCTORS' CHOICE

DR JOHN ROWEN

Médecine esthétique - Phlébologie

Aesthetic medicine - Phlebology

CCFP (EM) Fellow CSP

4484, SHERBROOKE O. WESTMOUNT • WWW.XOMED.CA

GIFT CERTIFICATES AVAILABLE



Drop by and visit Westmount's go-to fashion accessories boutique.

We have you covered, from socks, tights, hosiery & loungewear to lingerie.

We also carry your favourite hair accessories, jewellery and have trendy gift ideas.

ACCESSOIRES



ACCESSOIRES

1357 Greene Ave

514-931-4980

# Appearance/self-esteem connection

Body image is defined as how people feel about the way they look. The Office on Women's Health says a healthy body image makes a person feels comfortable in his or her body, while a negative body image can put a person at higher risk of depression and eating disorders. Mental health experts say that a person's thoughts about his or her appearance can affect how that person feels about himself or herself, which can affect self-esteem. A positive body image can result in high levels of self-esteem, fostering confidence and inspiring an individual to prioritize self-care. Conversely, a negative body image can result in lower self-esteem. Harsh criticism of oneself may lead to antisocial behavior or even disregard for one's personal health. Fostering a positive body image and increasing self-esteem can involve a few strategies. InnerBody Research, a home health company, offers these tips:

- Avoid comparisons to social media and magazine images.
- Focus on the positive aspects of yourself, but learn to love every part of your body.
- Maintain a healthy routine, promoting physical and mental well-being.

- Set realistic expectations.
  - Participate in activities you enjoy and surround yourself with supportive people.
- Working with a therapist also can help improve body image and self-esteem.

## *Skin, cont'd from p. 16*

- You have been diagnosed with certain autoimmune diseases, such as systemic lupus erythematosus (SLE, or lupus),
  - You have certain inherited conditions that increase your risk of skin cancer, such as xeroderma pigmentosum or nevoid basal cell carcinoma syndrome, also known as Gorlin syndrome,
  - You have a medical condition that weakens your immune system, such as infection with HIV,
  - You have had an organ transplant,
  - You take medicines that lower or suppress your immune system,
  - You take medicines that make your skin more sensitive to sunlight.
- Summer is a great time to get outdoors. But it's imperative that all people, regardless of their skin tones, take steps to protect themselves.

OA  
Organic Allure  
*Coiffure par Marija*

## Organic Allure Coiffure par Marija

★★★★★ 5 star rated organic hair salon

Organic Allure Coiffure by Marija is synonymous with quality hair care and natural beauty.

For 20 years, Marija has developed her own methods of coloring and styling using exclusively the best of Italian organic products made of natural and certified biodynamic ingredients. She has consistently prioritized both hair health as well as style.

Marija is focused on creating bespoke hair solutions and treatments, delivering fresh and unique hairstyles and cuts that perfectly suit her clients' needs.

Located in Westmount, in a tranquil and private space, her clients can truly relax and rest assured that they are in the most trusted hands.

For more information, please visit:

**www.organicallurecoiffure.com**  
**4823 Sherbrooke St W, suite 150**  
**Westmount, QC, H3Z 1G7**  
**514-885-4512**

## SIMONE PÉRÈLE PARIS

*Spring  
collections  
are in!*



Collange  
LINGERIE

**1379**  
**ave. Greene**  
**Westmount**  
**514 285-8525**

4912, rue Sherbrooke Ouest  
514-907-9044



**VILEBREQUIN**

Fondé à St-Tropez en 1971\*

\*Founded in St-Tropez in 1971

— MOVE-IN READY —

# ELEVA™

ELEVATE YOURSELF  
TO A HIGHER LEVEL

THE MOST **PRESTIGIOUS**  
**RENTAL COMPLEX FOR ACTIVE RETIREES**  
IN DOWNTOWN MONTREAL



**15%** **REBATE\***  
**ON SELECTED**  
**APARTMENTS**

\*Certain conditions apply. For a limited time only.

2330 TUPPER STREET

ELEVAMONTREAL.COM

438-701-5760

Names achievement winners for Senior league

# City’s three adult hockey leagues wind up season with play-offs

By LAUREEN SWEENEY

While Westmount’s minor inter-city hockey teams wrapped up their season some two to three weeks ago, the city’s adult in-house hockey leagues held their final play-off and championship games April 11 at the Westmount recreation centre.

These were the Executive A and Executive B leagues for players 35+ years as well as the Senior league for players age 18+, which this past season became an amalgamation of the former Senior A and B leagues into one Senior league after the former Senior As rented out their own ice time at the WRC (see story September 13, 2022, p. 1).

The highlight of the play-offs was an electrifying Executive B finale, according to sports facilities and division head Bruce Stacey, who organizes the city’s adult hockey program. It ended in a shoot-out.

Outstanding Senior achievers

Winners of individual achievement award were announced for the Senior league as follows with the team in parentheses:



Winners of the play-off championship game April 11 for the Executive B league (ages 35+) were the Canes, from left, back row: Shaun McMahon, Sebastien Dolan, Aubrey Haynes, Gord Milligan, Andrew McGregor, Olivier Marquis and Fred Mantha; back row: Pascal Hebert, Thane Calder, Jean-Philippe Bouchard, Brock Pennington, Erik Moisan, Paul Tsang, David Sochaczewski. Missing from photo: Paul Branchaud.

Defensive Forward: Nicholas Timmins (Canadiens);  
Most Sportsmanlike Player: Aidan Walter (Coyotes);

Best Defenseman: Greg Jay-Riendeau (Devils);  
Best Goaltender: Aidan Walter (Coyotes);  
MVP – Regular Season: Konrad Horner-

Borsu (Devils);  
MVP – Playoffs: Keane Kelly-Menard (Coyotes).

lake  
shore

construction  
montréal

- New construction & remodeling
- Dedicated project management
- Architectural design services

514 683-8306

www.lakeshoreconstruction.com

info@lakeshoreconstruction.ca

RBQ: 8347-1839-02



Renovating your  
house into your  
dream home

PRADA  
GUCCI  
HERMES  
LOUIS VUITTON  
FENDI  
Dior  
LANVIN  
CHANEL  
Cartier  
BALENCIAGA



VINTAGE  
MUSTS

ACCESSOIRES DE MODE ET DE MAISON  
FASHION AND HOME ACCESSORIES

ART ET ARTS DÉCORATIFS DU VINGTIÈME SIÈCLE  
FINE AND DECORATIVE ARTS OF THE 20TH CENTURY

1 WESTMOUNT SQUARE, SUITE CK-05  
MONTRÉAL [QC] CANADA H3Z 2P9  
514-602-1545



Belgrave

COUVREURS | ROOFING

We got  
you covered!

FAMILY RUN  
BUSINESS

SINCE  
1967

Member of  
APCHL

RBQ# 8261-4496-02

ALL ROOF TYPES  
& BRICKWORK

VENTILATION  
& METAL WORK

SKYLIGHT &  
THERMAL DOMES

Call for your  
Free Estimate

514.932.7772

belgrave@yahoo.ca

belgraveroofing.ca



**NATIONAL VOLUNTEER WEEK**  
April 16-22, 2023

**49<sup>th</sup>**  
EDITION

**fca**  **q**  
Fédération des  
Centres d'action bénévole  
du Québec

**fcabq.org**

Presented by

 **Hydro**  
**Québec**

**Je**  
**BENEVOLE**  
**.ca**

LETTERS – CHÂTEAU MAISONNEUVE/VIC VILLAGE

ENOUGH IS ENOUGH ON  
DEVELOPMENT PROPOSALS  
IN VIC VILLAGE

We are in total agreement with the opinion offered by our neighbour David Price (editorial, April 4, p. 8) who, like us, has a home that is situated adjacent to the area owned by Creccal Investments Ltd. (Château Maisonneuve at 4998 de Maisonneuve) that is being considered for re-zoning. While every point made in his opinion is important, we would like to focus on the following issues.

**WOOD FINISHING**  
DOORS•FURNITURE•WOODWORK

ON-SITE SERVICE

- Specializing in stripping & staining

**ENTRANCE DOORS**

- also -

- Touch-Ups & Repairs
- Kitchen Cabinets
- Fine Furniture

HENRY CORNBLIT, professional craftsman  
FREE ESTIMATE 514.369.0295  
www.woodfinishingmontreal.com



**Lamp Repairs**

25 years' experience  
with Areuco Lighting  
in Westmount

- In-home service
- Free pick-up and delivery

Call Robert at EclairSol  
514-582-3906

We cannot understand why the city of Westmount with its councillors, administrators and committees would not act on behalf of the residents to discourage changing a duly enacted zoning law that was put in place to protect the interests of this fragile community. Why do we, the residents, have to face the prospect of once again organizing against a zoning change that would negatively affect the quality of our life?

Anyone who has followed the history of this unique corner of lower Westmount knows that the residents have successfully fought against many totally unreasonable proposals for development. Over the years we have endured, and continue to endure, numerous noisy, dusty and messy construction projects. Anyone who would like to see an example of how construction proceeds in our area of Westmount should visit the [southeast] corner of Prince Albert and de Maisonneuve to witness a total construction disaster due, in part, to a lack of regulatory oversight by the city.

David Price makes the point that we are among the densest cities in Quebec and Canada, and clearly our area of lower Westmount bears most of the brunt of this densification. We are doing more than our share to address the housing crisis in Canada.

To be clear, we trust that the city of Westmount will swiftly reject this inappropriate proposal for a change of zoning. If it does not, you can be sure that we will once again speak to our neighbours, organize community meetings, attend council meetings, rally the media, and respectfully lobby our duly elected officials to continue to represent the best interests of our community. We are really, really tired of having to do this to preserve one of Canada's most unique urban villages (Victoria village). Enough is enough!

MICHELE HAYDEN,  
PRINCE ALBERT AVE.

RESIDENT OFF-STREET PARKING  
ALREADY A PROBLEM

The *Independent's* editorial in the April 4 issue (p. 8) concerning the proposed zoning changes at 4998 de Maisonneuve raises issues that should be of concern to all residents of the district, in particular, those with no off-street parking.

Increasing the number of units in the building by 102 (42 percent) will undoubtedly lead to additional demand for on-street parking. There are currently more residences with on-street parking in the neighbourhood than there are on-street parking spots.

The development of eight luxury units at 4898 de Maisonneuve [at Prince Albert] will increase the need for on-street parking for second cars and visitors' vehicles. What is virtually certain is that this proposed zoning change will exacerbate this situation. The residents of the 102 units will have visitors with cars, and residents will be entitled to green Westmount parking stickers. During the construction period, workers will park their cars on the street.

We currently have parking on the street by construction workers from the developments at 4898 de Maisonneuve and the large [seniors' residence] development at the corner of de Maisonneuve and Claremont [in NDG] and there are often no parking spots anywhere in the neighbourhood, even in the Château Maisonneuve pay parking lot.

Adding another construction project would only add to the pressure. And it is not clear whether in the post-construction period (whenever that will be) 4998 will be able to offer sufficient pay parking to meet their commitment to service the surrounding neighbours given the need to accommodate parking demand from the 102 new units.

STEVE COBRIN & IRMA ALVAREZ,  
YORK ST.

ON SOMERVILLE TRAFFIC  
ISSUES, LET'S ACT – NOT REACT

*Open letter to Ms. Anitra Bostock, city councillor for District 5 (Victoria village) with Mayor Christina Smith in copy*

Thank you for calling me back last week. I appreciated it very much. As discussed, over the past years, I have made considerable effort to ask for improvement on the general traffic situation on Somerville/Prince Albert and around Vic village. I have spoken and written at length with [former city councillors for the area] Mr. Ikeman, Ms. Smith, Ms. Breszki, and officers Goldberg and Boucher at SPVM PDQ12 [the Montreal police's station on Stanton St.]. I have also spoken to the last three managers of the Metro grocery store on Victoria and Sherbrooke.

Please find below a summary of the many concerns I and other neighbours have been voicing through the years.

I feel that these need to be addressed as soon as possible for safety and quality-of-life reasons. I must admit that with so little progress and further deterioration, it is becoming hard to have faith that something, anything, will ever improve in this *quadrilatère*.


- [My concerns include:]
- Speeding and volume of traffic on Somerville Ave.,
  - Lack of parking for residents,
  - Serious disrepair of the road infrastructure,
  - Passage of delivery trucks (not destined for any local Somerville delivery),
  - Disregard for the stop signs on Prince Albert and Somerville.

These issues all become interrelated, so solving one will inevitably help with the others.

Somerville is a two-way street with an intersection with two-way streets at Claremont, Prince Albert and Victoria. This adds many challenges and dangers for pedestrians

continued on p. 25

**Ruth Stalker Antiques**



Jamie and Alison Stalker  
514 931-0822  
alison.stalker@bellnet.ca

155 Hillside Avenue  
Westmount, Quebec  
H3Z 1W1

**Master Editions**  
Antiques & collectibles




**Estate & Moving Sales**

**We Provide**

- Professional Evaluations
- Staging of your home
- Courteous & bonded Staff
- Clean-up after sale

**Iona & Marvin**  
514-501-9072

Painting • Decoration & Finishing



**STUART DEARLOVE**  
www.stuartdearlove.com

- Standard & Restorative Painting
- Plaster
- Stripping, Wood finishing
- Interior & Exterior

Licensed - Bonded - Insured - References

514 482-5267

stuartpaints@sympatico.ca RBQ 8328 8514 09

OVER 20 YEARS PAINTING EXPERIENCE

# LETTERS – CHÂTEAU MAISONNEUVE/VIC VILLAGE

Letters – general, cont'd from p. 12

and children.

Now, learning from our last conversation that Burton and Winchester will become one way (has there been public consultation about this?), I find this disconcerting and greatly worrisome, as this will inevitably route more cars and trucks to Somerville.

This will also affect parking on Somerville. It is clear to residents and Public Security that the parking woes are getting more and more frequent, tense and sometimes even aggressive. Non-permit-bearing cars parking in the residents-only zone are clearly on the rise. How does the one-way change on Burton and Winchester aid the issues that I mention above? How will you measure improvement and for whom?

Unfortunately, after 11 years of back-and-forth with the city, our council members and the SPVM [police], we have yet to see any improvement in speeding cars. Traffic, and traffic violations are on the rise in this area. How can that be permitted to continue?

I have been witness to near misses and heard of other ones from neighbours. There are many new young families on our street and the adjoining ones, and the kids play on sidewalks and run after balls on the streets or learn to bicycle, as any child should be able to do. There is a very nice and popular toddler park. Speeding cars and truck traffic are not compatible with this setting.

Large trucks, some of which are 53 feet long, pass with high speed on Somerville

## LOCAL CLASSIFIEDS

### Assistant Sought

I am looking for an on-site part-time assistant with Mac expertise to help me organize and catalogue photographs & documents etc. Please call Aurel at 514-582-4157.

### Weeding & Yard Work

Garden cleaning, small lawns, weeding, adding mulch, yard cleanup, raking leaves. Text/Message Vince at 514-294-5562.

### Home Cleaning Services

Professional, Westmount and surroundings. Work with central vacuum and good tools. 514 290-1673 Marie.

### Painter Available

Excellent painter, meticulous, efficient, reasonable rates and references provided. Lucie 514-944-2763.

### Cash Paid for Vinyl Records

Jazz, Rock, R&B, Country, Pop & more! Call or text me at 514-827-8980.

### Dissolving of Fosphere Foundation

Be advised that Fosphere Foundation will be dissolved shortly. For more information, or any questions, please contact info@fosphere.org, or Contact Registraire des Entreprises du Quebec.

Classified in the  
**INDEPENDENT**

Buy a classified in the  
**WESTMOUNT INDEPENDENT**  
at [www.westendclassifieds.com](http://www.westendclassifieds.com)  
Buy locally to sell locally

daily without any observable deliveries on this street. The road and sidewalks are in dire need of repair. All these bumps and crevices make our homes shake to the passing truck traffic. As one may observe from all the crooked façades and the sinking floors, the ground on Somerville is not stable and the houses move as the ground further settles. Heavy truck traffic is damaging the integrity of our homes, especially in this thaw period.

There needs to be a speed bump or ideally a speed table on Prince Albert between de Maisonneuve and Somerville as this area's wide asphalt surface is a call for people to speed, often in large SUVs that would be deadly in a collision with a child or adult. Temporary bollards were put in place in 2020 with good intentions but unfortunately it became a daily task for residents to pick them up every evening and put them back in place. The lettering on them became quickly torn from being dragged and had to be gun-tacked back on by the local residents. Bollards would need to be screwed in ground.

Below I have included a selection of the different things I shared in the last few years in the spirit of seeking solutions. I invite you to review.

I truly hope we can expect more from our city. The traffic master plan and other studies have not had any positive impact on our street.

As I said to you and others, let's act, and not just react, to an accident or tragedy in the making. Let's be proactive to ensure the safety and welfare of our neighbourhood.

When Somerville is re-done, there must be modern mitigation strategies introduced. Let's hope Somerville is in for a renovation soon.

When this poor Montreal schoolgirl (a Ukrainian refugee!) was fatally hit last fall, my heart was broken for days. But what came out of it was action that residents had been pleading for a long time, just like us, without any action from the city of Mon-

treil. Of course, after the fatality, measures were put in place very quickly. Again, *reaction* and not action. Let's be smart and create a safe and healthy neighbourhood that we can feel happy to live in.

I ask you for a concrete set of actions that will address the concerns of my fellow residents and I, and think that we have an opportunity to make significant changes for the benefit of all.

PHILIPPE LORD, SOMERVILLE AVE.

## ENDORING LORD ON TRAFFIC, PRICE ON 4998 CONCERNS

Open letter to Councillor Anitra Bostock and Mayor Christina Smith

Being neighbours of Mr. Lord on Somerville Ave., we all greatly appreciate the enormous efforts he has invested in his letter (see above) in bringing to attention to the multiple (and steadily accelerating) negative effects of increasing population density in our south-westerly sector (including all of Victoria village) in recent years.

These call for urgent action on the part of city hall, we firmly believe.

Writing specifically about the burning issue of 4998 de Maisonneuve in his eloquent, highly informative editorial "Proposed Chateau Maisonneuve zoning change bad for residents, undemocratic" (April 4, p. 8) the *Independent's* editor, Mr. David Price, underlines not only that particular problem, but all others that derive from rising population density: parking, traffic, safety, environment, quality of life, etc.

In the closing lines, he states "People who are with me: please write to us, to your city councillor, to the mayor," so this message is meant to be a VERY strong endorsement of Mr. Price's message, certainly on the part of the undersigned on Somerville.

We eagerly look forward to positive news about all these concerns.

MICHAEL R. WERTHEIMER & MARIELLE AUDET-WERTHEIMER, SOMERVILLE AVE.

## Tabagie Westmount Square

International news agent

- British & European newspapers
- Specializing in fashion & interior design • Imported chocolates
- BELL lifestyle natural products
- Lottery tickets and maps

## Westmount Square

At foot of escalator leading from/to  
Greene Ave. entrance

(514) 935-7727

## FRIENDLY REMINDER – SPRING CLEANING

You want to de-clutter?

**ANYTHING YOU DO NOT NEED,  
OTHERS NEED IT!**

With the help of the Rotary, I am still forwarding furniture and household items to newcomers in Montreal. You have been generous in the past. Please do not hesitate to call me at **514.577.1242** or better still write at **agia@videotron.ca** with pictures. It helps us direct your donations to the right people.

Au nom de tous ceux que vous avez aidés,  
merci infiniment. Viviane Agia



**Arthur Younanian**  
Notaire – Notary

4635 Sherbrooke West  
Westmount, QC H3Z 1G2

Tel.: 514 931-2531  
[info@aynotary.ca](mailto:info@aynotary.ca)  
[www.aynotary.ca](http://www.aynotary.ca)

Westmount youth group profile

# Beavers learn to get along ... and make volcanoes!

BY JENNIFER BALL

The *Independent* was introduced to the youngest Scouting cohort, the Beavers, at their weekly Wednesday meet-up at Roslyn elementary school. They are between the ages of 5 and 7, and “precious” is an adjective that is barely adequate to describe them.

Scouter (adult volunteer) Virginia Elliott explained that Scouting groups run weekly meetings from September to June.

“The groups organize weekend camps, day excursions and week-long summer camps at various locations.

“Unfortunately, the scout camp, Tamaracouta, founded primarily by Westmounters in 1912, is closed – we are desperately looking for a new owner to carry on the camp for Scouting members and/or the general public,” Elliott said.

“The 2nd Westmount group (Beavers, Cubs, Scouts), the oldest existing group in the city, now meets at Roslyn School on Wednesday evenings since their long-time sponsor, the United Church of Canada, sold Mountainside Church.

“Westmount Park Group (Beavers, Cubs, Scouts) meets at Westmount Park United Church (their sponsor) on Thursdays.”

**Brown, blue and white**

At the Roslyn location, the *Independent* met three Beaver “kits” on March 22.

When asked about the badges on his



vest, Cedric Weymouth proffered that some of the badges had been earned by his

From left, Henry Rosenberg, Thomas Rabbat, Benjamin Barrezueta, Theodore Le Maistre, Cedric Weymouth, Vasilios Elenakis, Lola Porte, Oren Harrar, Hugo Fan, Lucas Dong and Yamuna Sarayev at Roslyn elementary school March 22.

brother and not himself. He is a “blue-tail,” which in the Beaver’s vernacular means a second-year Beaver. There are three tails: brown (first year), blue and white (third year) before the girls and boys graduate to the Cubs.

“I find it a little more challenging because I just moved here,” Weymouth said, revealing that he was originally an Ontario resident. He also wanted the *Independent* to know his middle name and “that his favourite colour is green.”

The Weymouth brother’s badge collection will probably soon extend to personal achievement badges that Beavers can be awarded. These include Exploring Beaver, Earth Beaver, Scientific Beaver, Friendship Beaver, Pet Care Beaver as well as many more.

**Choosing badges**

“They can go through the list and decide which one they want to do,” Scouter Dorothy Stefan said, who co-leads the gang with her son Michael Erskine. After they have completed the criteria, they email her a picture as proof that they have done it and there is a questionnaire to fill out

about the activity.

Yamuna Sarayev volunteered that what the Beavers offer, that was in particular interest to her was that “later you get to go the Scouts.” Also “you get to make bracelets.”

Henry Rosenberg enthused about the Wednesday group by divulging “you get to play different games and that you get to see your friends.” He was unsure if he would be attending camp in the summer though.

Stefan said the Beavers will be providing community service this year by cleaning up Summit Woods and also the Lachine canal.

“Hopefully, team work is what they are getting out of this and social skills: learning to get along with everyone.”

The evening’s activity was all about comparative elements, Stefan said. “In jars, we have flour, baking soda, sugar and salt. They are going to have to understand the difference and figure out which is which. After we’re going to do a little volcano, which I hope won’t make too much of a mess...”

For our profile of the Cubs, see March 21, p. 10.

## WESTMOUNT INDEPENDENT

**We are Westmount**

*Editor*

David Price: 514.935.4537  
editor@westmountindependent.com

*Chief reporter*

Laureen Sweeney

*Graphics*

Ted Sancton

*Advertising sales*

Arleen Candiotti: 514.223.3567  
advertising@westmountindependent.com

*Classified ads*

www.westendclassifieds.com

*Accounting*

Beth Hudson: 514.223.6138  
office@westmountindependent.com

PRESSTIME: Monday at 10:30 am  
(except before long weekends, Friday at 10:30 am).

LETTERS: We welcome your letters but reserve the right to choose and edit them. Please limit them to 300 words and submit before Friday 10 am to be considered for publication the following week. Please check your letter carefully as we may be unable to make subsequently submitted changes. Letter writers should not expect to be published in every issue, or in back-to-back issues, or repeatedly in the same season or on the same topic.

Please include your name and street for publication (or borough or municipality if you do not live in Westmount), but not your address (unless you want it published).

13,800+ physical copies DW, plus low-resolution email and web versions  
Distribution: Tuesday to Friday (longer when interrupted by postal holidays)

OWNED AND PUBLISHED BY:

Sherbrooke-Valois Inc., 310 Victoria Ave., #105, Westmount, QC H3Z 2M9

# Welcoming young Diane



## Westmount A-dog-tions

LYSANNE FOWLER

St. West, Montreal H4P 1X4. Please don't delay. Diane is such a beautiful companion.

Your neighbour,  
Lysanne



A beauty and a sweet one-year-old, Diane is ready to join all the other dogs in the Westmount canine community. She is presently at the Montreal SPCA kennel, yes, and ready to be adopted and taken for a car ride to join a loving family in our neighbourhood.

A gorgeous shepherd type, she is very healthy, up to date with her inoculations, spayed and microchipped. To find out more about this affectionate and bright girlie, please refer to the Montreal SPCA website at [www.sPCA.com](http://www.sPCA.com), scroll to Diane's information page from the identification number 52337494, then check the daily schedule for visits at the shelter on the day you would like to come by as a family for an adoption meeting, as they are open from Monday to Friday from 10 am to 8 pm, and Saturday and Sunday from 10 am to 6 pm.

The SPCA is located at 5215 Jean Talon

# Merlin's magic

nature. For more information on Merlin, please do not hesitate to look up the Montreal SPCA at its website [www.sPCA.com](http://www.sPCA.com), search for Merlin's information page from his identification number, 20091334, then click on the "Fill out the form" coloured box on the right-hand side of his page. Once you have taken a moment to fill out the form, an adoption coordinator will contact you to schedule a follow-up adoption meeting. Merlin will be heading to your caring family soon. Please contact the shelter to find out more.

Your neighbour,  
Lysanne

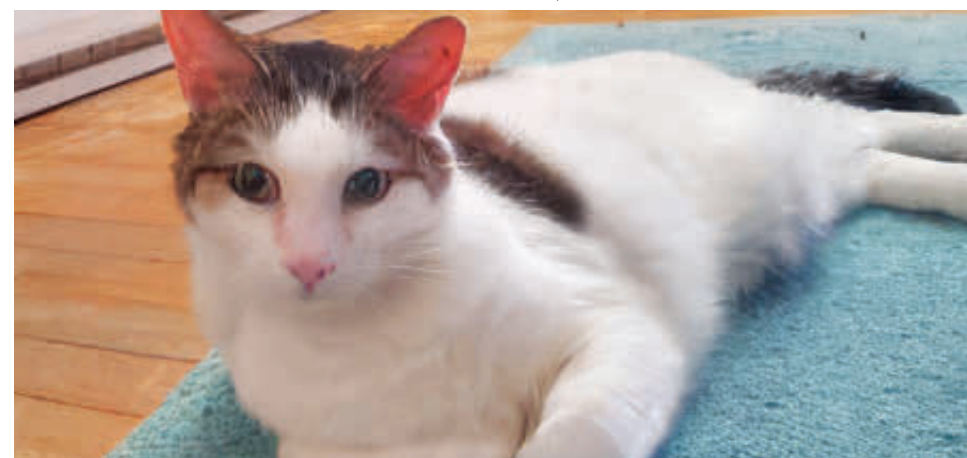


## 9 Lives

LYSANNE FOWLER

He is a cutie, this Merlin. A sleek white shorthair with a few artistic detailings on his head, back and tail – just enough to keep us staring at him while he stares back. A wonderful nine-year-young fellow, Merlin is in foster care for the Montreal SPCA.

He is very healthy, up to date with his inoculations, neutered and microchipped. He is doing quite well and his foster family reports on his curiosity, affection and sweet



## PREVIEW EXHIBITION OF AN IMPORTANT PRIVATE COLLECTION OF CANADIAN ART



**Albert Robinson**, *Les Eboulements en haut* (c. 1928)

To be offered for sale at auction: Thursday, June 8th, 2023

Auction Estimate: \$40,000 - \$60,000

### Viewing Times

Thursday, April 27: 10am - 5pm

Friday, April 28: 10am - 6pm

Saturday, April 29: 10am - 5pm

### Fine Art Valuation Day

Thursday, April 27: 10am - 5pm

Le Mount Stephen Hotel, 1440 Drummond Street, Montreal QC H3G 1V9

Contact: [catherine@cowleyabbott.ca](mailto:catherine@cowleyabbott.ca)

1.866.931.8415 (toll free)

**CowleyAbbott.ca**



FROM THE WRITER OF *BAD JEWS!*  
2022 DRAMA DESK WINNER FOR BEST PLAY

# PRAYER for the FRENCH REPUBLIC

BY JOSHUA HARMON  
DIRECTED BY LISA RUBIN

A SEGAL CENTRE FOR PERFORMING ARTS PRODUCTION  
PERFORMED IN ENGLISH WITH FRENCH SUPERTITLES

WITH THE GENEROUS SUPPORT OF



514.739.7944 / SEGALCENTRE.ORG

Apr 23  
- May 14  
2023

Issue: what to do with buildings?

# Anglican Church attendance looks hopeful, bishop tells Rotarians

BY MARTIN C. BARRY

What is the mission of the Anglican Church in Montreal?

Anglican bishop of Montreal Mary Irwin-Gibson told the Westmount Rotarians during their March 22 noon-time gathering in Victoria Hall that she has encountered the question a lot since becoming the diocese's twelfth bishop eight years ago.

"Some people think our mission is to feed the poor," she said. "Some people think it's to sell everything off and give it to the poor to help them become richer."

"But we know that actually doesn't work. Because by the time we decide to sell our buildings, we've borrowed against them so much that they're all worn out, and it costs a lot of money to repair and nobody has the money to do it."

According to Irwin-Gibson, some churches have gambled that some wealthy person will leave them money in a legacy and they'll be able to fix things up as they want.

"And then when they sell it, some other



Anglican bishop of Montreal Mary Irwin-Gibson addressed the members of the Rotary Club of Westmount on March 22.

poor church buys it because they've always wanted a big place," she added, and they find out where the roof leaks and how many millions of dollars it's going to take to upgrade the building to an adequate state.

### Church attendance

While church attendance in general has fallen greatly over the past few decades, she said the Montreal Anglican diocese's statistics as of 2019 "seem to indicate some hope in terms of our attendance becoming stable," while adding that "we've stopped trying to populate all the buildings that are too tired to keep on going."

One of the things she said that has happened with many of the churches that became old and tired is that their parishioners "got so worried about their future that they hunkered down and stopped caring about who was outside."

Nonetheless, she said she remains "hopeful for the future of the church. I know it will look very different in many places. It may not involve grand buildings or bells, but it will be authentic, life-giving, generous and loving. Those are hallmarks that I think are non-negotiable."

Asked whether the Anglican Church is in competition with other churches for parishioners and money, she replied "I think more and more Christian churches are working for unity, and are more articulate about it than I've ever heard them be before. I think the spirit of God has called us to unity."

**Belgrave**  
COUVREURS | ROOFING

**We got you covered!**

FAMILY RUN BUSINESS | SINCE 1967

Member of APCHL

RBQ# 8261-4496-02

**ALL ROOF TYPES & BRICKWORK**

**VENTILATION & METAL WORK**

**SKYLIGHT & THERMAL DOMES**

Call for your Free Estimate  
**514.932.7772**  
belgrave@yahoo.ca  
belgraveroofing.ca

## City Views

VERONICA REDGRAVE

# Florence wrap-up: Tips for travellers



Facade of San Lorenzo.

wander further to San Lorenzo, the Medici chapel. The rustic unfinished facade is deceptive. Inside is a beautiful contemplation garden.

## Clothing!

Nearby, the famed San Lorenzo market is composed of labyrinth-like corridors of leather bags, bits of jewellery and more leather bags. Curiously, the leather bag stalls all carry exactly the same styles.

You can buy used clothing all over the city at various outdoor markets, but for stunning red-carpet vintage, *C'est Chic* (cestchic.it) has two locations. (I was tempted by a subtle Armani beauty but as I'm not invited to the Coronation, I settled for a cashmere sweater.)

There is also giratempovintage.com, full of designer brands.

Trust the Italians to make even sweets look stylish. La Confetteria Firenze (La confetteriafirenze.it) offers gorgeously-packaged *bon-bons* ranging from classic candy-coated almonds to truffles. The shop handles special orders for couture houses, weddings and Italian *momenti importanti*.

## Safety tips

For roof-top sipping *continued on p. 30*



Two knockout stunning Emeralds 10x8mm 9.41ctw with 4.52ctw of Asscher & brilliant cut diamonds in 18k yellow & white gold

EXQUISITE EMERALDS  
The finest curated collection of emeralds in Montreal



KAUFMANN de SUISSE  
PASSIONATE JEWELLERY SINCE 1954

Patek Philippe · Parmigiani Fleurier · Arnold & Son · Schwarz Etienne  
2195 Crescent Street · 514.848.0595 · KaufmanndeSuisse.ca

.....  
**City views, cont'd from p. 29**

with mood-glossing cocktails? Therooftop guide.com. A little tip on walking about: it's best to look down. Not only are streets a bit wobbly, but there are dogs who have passed.

And on pedestrian-no-car areas, best to walk in a straight line. Bicycles race silently behind you. If you suddenly turn to ogle a shop window, you risk being knocked over.

Unlike Paris, there are also electric scooters. In Rome, you can fill your water bottle at the many *nasoni* – fountains. In Florence, not so much. Although tap water is fine to drink, most Florentines sip from bottled water bought daily.

**What the locals wear**

Fashion? Tale of two cities. Most students are in ripped-knee jeans and hooded sweatshirts. Italian ladies, not so much.

During the *passeggiata* – Italians stroll around, *la bella figura* to see and be seen – I noted chic Italian ladies wearing brightly coloured trouser suits as they successfully stiletto-strode along uneven streets.

As my days turned into weeks, it was such a pleasure to not hear one word about a certain former royal couple. I was spared. (Sorry, couldn't resist!)

And finally, if your flat isn't quite what you expected or if you feel disappointed about something in Florence, take a breath.



Wisteria, from my room with a view. The plant is also to be admired at the Bardini Gardens.

**Chinese Works of Art  
WANTED**

Paintings

Jade

Censers

Buddha Figures

Snuff Bottles

Porcelain Plaque

Porcelain

V.I. ANTIQUES & FINE ART  
Victor Isganaitis  
Appraiser-Consultant  
**514-944-4919**

My initial disappointment about having to wait for the school director quickly dissipated as I watched marvellous mauve wisteria explode from my apartment window.

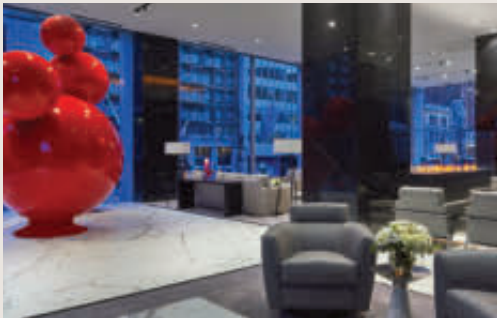
And my classes were not only fun; I learnt a lot. *Grazie!* (PS Answering readers' queries, the books I mentioned last week can be found on Amazon.)

Now that I'm back, please send me your event information. [veronica@redgravepr.com](mailto:veronica@redgravepr.com). Social Notes will resume!



Interior courtyard at San Lorenzo.

Le Cartier



Montreal's Finest  
Rental Apartments

Contact:  
Catherine Paradis  
(514) 586-1511  
[cparadis@lecartier.ca](mailto:cparadis@lecartier.ca)

[lecartier.ca](http://lecartier.ca)



**KENT  
GROUP**

PRIVATE INVESTMENT  
MANAGEMENT

# Excellence in portfolio management

Portfolio management expertise and excellence, depth, professionalism and consistency — this is what has defined our business approach for over 35 years. It is central to how we manage portfolios, control risk, identify opportunities and build relationships.

At the Kent Group, we customize each client portfolio so that it is specifically tailored to meet your needs and expectations. Our personal approach, combined with our outstanding portfolio management, is why the Kent Group is the largest discretionary portfolio management group at RBC Dominion Securities across Canada, with over \$5 billion in assets under management.

**It's time.**

If you are seeking outstanding portfolio management and comprehensive wealth management, we would be pleased to discuss how we can put our experience to work for you.

**To meet with us, please call:**

**Jean-François Dion,**  
Senior Portfolio Manager,  
**or Sholom Tabak,**  
Senior Wealth Advisor,  
**at 514-878-4216**

**1 Place Ville Marie, Montreal**  
**kentwealth.com**

**RBC Dominion Securities Inc.**



**Wealth Management**  
**Dominion Securities**



*Buyer Experience*

*The news of my accepted offer after so long had me dancing so happily in my car, that I missed my exit! Thanks so much for your optimism and continued persistence. I'm so grateful. – Joanne*

# HOW TO PROTECT + INCREASE YOUR HOME'S VALUE NOW!

### WINDOW OF OPPORTUNITY

Open + close all your windows,  
Check them to see if they leak,  
Is the hardware still working + caulking okay,  
Or does a company need to come and make a tweak?

### GET YOUR HEAD INTO THE GUTTER

Again, it's time to check the gutters,  
Remove all the debris and leaves,  
Check all around for tears and holes,  
Is anything living in the soffits or eaves?

### BUILD A SOLID FOUNDATION

Time to see if your home's watertight,  
As this year, the big thaw will find its way in,  
If you have infiltration, do NOT panic,  
Calling a foundation specialist is where you begin!

### EASY MONEY HONEY

Stain your decks, clean your windows,  
Put a new mailbox, address numbers or a new front door,  
There are so many ways to easily increase your value,  
Call me if you want to know more!



I'm here to help. If this period of uncertainty has you thinking about your next chapter. Call me.  
**Let's write your next chapter TOGETHER...**

Visit all my properties  
**jillprevost.com**  
REAL ESTATE BROKER

**514.591.0804**

